

ACTIVITY CODE: 1903182031

B.Sc. 6th Semester (Programme) Practical Examination, October 2020

Subject: PHYSIOLOGY

Course ID: 62528

Course Code: SP/PHY/601/DSE-IB (P)

Course Title: Exercise and Sports Physiology Lab

Full Marks: 08

Time: 1 Hour

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own words as far as practicable.

Answer all the questions.

1. Write the stepwise procedure of Physical Fitness Index determination by modified Harvard step test. Mention the significance of this test. 2+4+2 = 8