

**Course Structure of New Curriculum and  
Credit Framework for Social Work  
Undergraduate Programme**



**BANKURA UNIVERSITY  
P.O- PURANDARPUR, DIST-  
BANKURA, WEST BENGAL  
INDIA, PIN- 722155**

## **PROGRAMME OBJECTIVES:**

- To equip students with the knowledge of working with people and the ability in problem solving through field experience.
- To promote among students a sense of commitment and dedication to strive for equity, social justice, social harmony and peace.
- To sensitize the students to involve themselves for the cause of poor, subaltern under privileged and disadvantaged section of the society.
- To develop confidence among the students to feel themselves as change agents for social betterment and transformation.

## Programme Structure

### Semester- I

Course Code	Course Title	Credit	Marks		
			I.A	ESE	Total
A/SW/101/MJC-1 (Major)	Philosophy and Practice of Social Work	4	10	40	50
A/SW/102/MN-1 (Minor)	Philosophy and Practice of Social Work	4	10	40	50
A/SW/103/MD-1 (Multi-disciplinary)	Indian Society and Social Problems	3	10	40	50
A/SW/104/SEC-1 (Skill Enhancement Course)	Open Community Field Work	3	10	40 (Viva-voce)	50
A/C/S/105/AEC-1 (Ability Enhancement Course)	Compulsory English: Literature and Communication	2	10	40	50
A/C/S/106/VAC-1 (Value Added Course)	Environmental Studies	4	10	40	50
<b>Total in Semester – I</b>		<b>20</b>	<b>60</b>	<b>240</b>	<b>300</b>

**SEMESTER –II**

Course Code	Course Title	Credit	Marks		
			I.A	ESE	Total
A/ SW/201/MJC-2 (Major)	Understanding Society for Social Work Practice	4	10	40	50
A/ SW/202/MN-2 (Minor)	Understanding Society for Social Work Practice	4	10	40	50
A/ SW/203/MD-2 (Multi-disciplinary)	Introduction to Social Work	3	10	40	50
A/ SW/204/SEC-2 (Skill Enhancement Course)	Open Community Field Work	3	10	40 (Viva Voce)	50
A/C/S/205/AEC-2 (Ability Enhancement Course)	MIL-1 (Santali, Sanskrit, and Bengali)	2	10	40	50
A/C/S/206/VAC-2 (Value Added Course)	a. Health and Wellness b. Understanding India: Indian Philosophical Traditions and Value Systems c. Basics of Indian	4	10	40	50

	Constitution/ Basics of the Constitution of India d. Arts and Crafts of Bengal e. Historical Tourism in West Bengal. f. Basics of Indian Constitution				
<b>Total in Semester – II</b>		<b>20</b>	<b>60</b>	<b>240</b>	<b>300</b>

A: Arts, SW : Social Work, MJC : Major Course, MN : Minor Course, MD : Multidisciplinary Course, SEC : Skill Enhancement Course, ACS : Arts Commerce Science, AEC : Ability Enhancement Course, VAC : Value Added Course,

## **SEMESTER-I**

### **COURSE CODE:**

**A/SW/101/MJC-1**

### **Philosophy and Practice of Social Work**

**Full Marks:50      Credits:4**

#### **OBJECTIVES:**

- To develop an understanding about the concept and philosophy of social work.
- To understand values and approaches cherished by the profession.
- To review the historical development of social work in India, UK and USA.
- To comprehend the nature of social work practice in different settings.

#### **COURSE OUTCOME:**

This course makes the students familiar with the basic concepts which constitute important part of social work knowledge along with the history and development of social work practice. It will help students understand the foundational aspects of social work practice. After studying this, the students will be able to comprehend and conceptualize the different meanings and concepts of the terminologies used in this course.

#### **COURSE CONTENT:**

##### **Unit 1- Concepts, Philosophies and Approaches in Social Work**

- Meaning of charity, philanthropy, social welfare, social service, social reform, social development and social work.
- Religious philosophy: Christianity, Hinduism, Buddhism, Islam, Jainism and Sikhism.
- Social philosophy: Karl Marx, Swami Vivekananda, Rabindranath Tagore, Mahatma Gandhi

## **Unit 2- History of Social Work in India**

- History of social work in Ancient and Medieval periods.
- Social reform movements of the Nineteenth century and Twentieth century India and an overview of social movements in post Independent India.
- Brief history and development of social work in U.K. and U.S.A.

## **Unit 3- Professionalization, Social Work Education and Challenges**

- Emergence of professional social work education and challenges in India.
- Values and principles of social work, basic skills of social work practice, goals of social work, functions of social work.
- Various approaches and methods of social work practice and changing contexts for practice and emerging areas.

## **Unit 4- Civil Society and Philanthropic Organisations**

- The roles of Voluntary Organisations (VOs)
- Community-based Organisations (CBOs)
- Non-Government Organisations (NGOs) in social development.

## **SUGGESTED READINGS:**

1. Adams, Robert et al. (2002): *Social Work: Themes, Issues and Critical Debates*. Second Ed. Sage London.
2. Bradford, S.W (2003), *Techniques and Guidelines for Social Work Practice*, 6th Edition, London: Pearson Education Inc.
3. Chatterjee, Pranab (1996): *Approaches to the Welfare State*. National Association of Social Workers (NASW). Washington DC.
4. Desai, Murli (2005): *Ideologies and Social Work: Historical and Contemporary Analysis*. Rawat Publication.
5. Dominelli, L. (2009), *Introducing Social Work*, Cambridge: Polity Press.
6. Farley, W, Larry, L.S. and Scott, B.W. (2003): *Introduction to Social Work*. Allyn and Bacon.
7. Higham, Patricia (2004): *Social Work: Introducing Professional Practice*. Sage.
8. Kumar, Hajira (1994): *Social Work: An Experience and Experiment in India*. Gitanjali Publishing House
9. Morales, A.T., Sheafor, B.W. and Scott, M.E. (2010): *Social Work: A Profession of Many Faces*. London. Allyn and Bacon. National Association of Social Worker (NASW). (1999): Code of ethics. Available at [www.socialworkers.org/pubs/code/code.asp](http://www.socialworkers.org/pubs/code/code.asp). 1996; revised
10. Roberts and Nee (ed.) (1970), *Theories of Social Work*, Chicago: The University of Chicago Press
11. Skidmore, et al (1991), *Introduction to Social Work*, New Jersey: Prentice Hall.
12. Watts, T. D. E, Doreen, Mayadas, Nazneen S. (eds.) (1995), *International Handbook on Social Work Education*, London: Greenwood.



## **SEMESTER-I**

### **COURSE CODE:**

**A/SW/102/MN-1**

### **Philosophy and Practice of Social Work**

**Full Marks:50      Credits:4**

#### **OBJECTIVES:**

- To develop an understanding about the concept and philosophy of social work.
- To understand values and approaches cherished by the profession.
- To review the historical development of social work in India, UK and USA.
- To comprehend the nature of social work practice in different settings.

#### **COURSE OUTCOME:**

This course makes the students familiar with the basic concepts which constitute important part of social work knowledge along with the history and development of social work practice. It will help students understand the foundational aspects of social work practice. After studying this, the students will be able to comprehend and conceptualize the different meanings and concepts of the terminologies used in this course.

#### **COURSE CONTENT:**

##### **Unit 1- Concepts, Philosophies and Approaches in Social Work**

- Meaning of charity, philanthropy, social welfare, social service, social reform, social development and social work.
- Religious philosophy: Christianity, Hinduism, Buddhism, Islam, Jainism and Sikhism.
- Social philosophy: Karl Marx, Swami Vivekananda, Rabindranath Tagore, Mahatma Gandhi

## **Unit 2- History of Social Work in India**

- History of social work in Ancient and Medieval periods.
- Social reform movements of the Nineteenth century and Twentieth century India and an overview of social movements in post Independent India.
- Brief history and development of social work in U.K. and U.S.A.

## **Unit 3- Professionalization, Social Work Education and Challenges**

- Emergence of professional social work education and challenges in India.
- Values and principles of social work, basic skills of social work practice, goals of social work, functions of social work.
- Various approaches and methods of social work practice and changing contexts for practice and emerging areas.

## **Unit 4- Civil Society and Philanthropic Organisations**

- The roles of Voluntary Organisations (VOs)
- Community-based Organisations (CBOs)
- Non-Government Organisations (NGOs) in social development.

## **SUGGESTED READINGS:**

13. Adams, Robert et al. (2002): *Social Work: Themes, Issues and Critical Debates*. Second Ed. Sage London.
14. Bradford, S.W (2003), *Techniques and Guidelines for Social Work Practice*, 6th Edition, London: Pearson Education Inc.
15. Chatterjee, Pranab (1996): *Approaches to the Welfare State*. National Association of Social Workers (NASW. Washington DC).
16. Desai, Murli (2005): *Ideologies and Social Work: Historical and Contemporary Analysis*. Rawat Publication.
17. Dominelli, L. (2009), *Introducing Social Work*, Cambridge: Polity Press.
18. Farley, W, Larry, L.S. and Scott, B.W. (2003): *Introduction to Social Work*. Allyn and Bacon.
19. Higham, Patricia (2004): *Social Work: Introducing Professional Practice*. Sage.
20. Kumar, Hajira (1994): *Social Work: An Experience and Experiment in India*. Gitanjali Publishing House
21. Morales, A.T., Sheafor, B.W. and Scott, M.E. (2010): *Social Work: A Profession of Many Faces*. London. Allyn and Bacon. National Association of Social Worker (NASW). (1999): Code of ethics. Available at [www.socialworkers.org/pubs/code/code.asp](http://www.socialworkers.org/pubs/code/code.asp). 1996; revised
22. Roberts and Nee (ed.) (1970), *Theories of Social Work*, Chicago: The University of Chicago Press
23. Skidmore, et al (1991), *Introduction to Social Work*, New Jersey: Prentice Hall.
24. Watts, T. D. E, Doreen, Mayadas, Nazneen S. (eds.) (1995), *International Handbook on Social Work Education*, London: Greenwood.

**SEMESTER-I**  
**COURSE CODE**  
**A/SW/103/MD-1**  
**Indian Society and Social Problems**

**Full Marks: 50 Credits:3**

**OBJECTIVES**

- To provide knowledge on some selected social issues and problems in India
- To create awareness about the causal relationships and the development programmes dealing with these social problems.
- To identify scope of social work intervention in these diverse fields of welfare services to develop appropriate skills of working with individual, groups and community.

**COURSE OUTCOME:**

Through this course students would be able to think critically about the problems in Indian society. They learn about various problems like poverty, unemployment and understand their causes and impacts on the society. The course will also prepare the students to devise appropriate response to deal with these problems.

**Course Content**

**Unit 1- Introduction to Social Problems**

- Society and its structure
- Social Problems –nature and causes.
- Theoretical explanation to social problems

**Unit 2- Understanding Major Social Issues**

- Concept of poverty—its concept, causes and impact
- Poverty alleviation programmes—objectives and outcomes
- Unemployment—definition, types, causes and impacts

### **Unit 3- Population Explosion**

- Definition of population explosion.
- Causes and impact of population growth
- Policy measures and debates on population control

### **Unit 4- Social Work Intervention and Social Problems**

- Role of a social worker
- Skill required for social work intervention
- Nature of social work intervention to address these problems

#### **SUGGESTED READINGS:**

1. Ahuja, R. (2014). *Social problems in India*, Jaipur: Delhi, Rawat Publication.
2. Dandekar, K. (1996). *The Elderly in India*, New Delhi: Sage publications.
3. DeSouza, P.R, Kumar, S & Shastri, S. (2009). *Indian Youth in a Transforming World*, New Delhi, Sage Publications.
4. Dhillon P.K. (1992) *Psycho-Socio Aspects of Aging in India*, New Delhi: Concept Publishing Company.
5. Gore M.S. (1977) *Indian Youth Process of Socialization*, New Delhi: Vishawa Yuva Kendra.
6. Janusz S (2003) *New Dimensions and challenges for Human Rights* (Eds), Jaipur and New Delhi: Rawat Publications.
7. John V.V.(1974) *Youth and National Goals*, New Delhi: Vishawa Yuva Kendra.
8. Kohli A.S, (2004) *Human Rights and Social Work*, New Delhi: Kanishka Publishers, Distributor.
9. Kumar, P.(2011). *Communal Crimes and National Integration : A Socio Legal Study*, New Delhi: Read Worthy.
10. Madan, G.R.(2009). *Social Problems*, New Delhi: Allied Publisher Pvt.Ltd.
11. Metha, P. (1971). *Indian Youth* (Eds) Bombay: Somaiya Publications.
12. Ministry of Youth affair and Sports (2014). *National Youth Policy*, New Delhi: Government of India.
13. Sharma, R.K. (2007) *Demography and Population Problems*, New Delhi: Atlantic Publications
14. Widmalm, S(2008). *Decentralisation, Corruption and Social Capital: From India to the West*, New Delhi: Sage Publications

**SEMESTER-I**  
**COURSE CODE**  
**A/SW/104/SEC-1**

**Open Community Field Work**

**Full Marks: 50 Credits:3**

General Guideline

1. Understand human relations and develop rapport building skills
2. To know the historical background of the village/community.
3. Prepare village profile, social map, resource map, mobility map, wealth map, occupation map and technology map.
4. Understand village infrastructure/institutions and identify the resource persons
5. Use of essential social work skills in communication, observation and listening, analyzing and interpreting.
6. Report writing and maintenance of log sheets (documentation)
7. Presentation of reports
8. Self-evaluation on learning



## **SEMESTER-II**

### **COURSE CODE**

**A/SW/201/MJC-2**

## **Understanding Society for Social Work Practice**

**Full Marks:50 Credits:4**

### **OBJECTIVES**

- Understand and develop insight about sociological concepts for social work education and practice
- Inculcate skills among students to understand and analyze social structure and social system
- Develop faculties for critical thinking and meaningful engagement

### **COURSE OUTCOME:**

This course introduces the students to basic sociological concepts and ideas of major sociologists. It will help students develop required analytical faculty to critically engage with various social changes and continuities.

### **COURSE CONTENTS:**

#### **Unit 1- Understanding society**

- Society: its origin and structure
- Approaches to understand society
- Units of society: group, community, institutions

#### **Unit 2- Ideas of Major Sociologists**

- Emile Durkheim: Social facts, anomie, division of labour
- Karl Marx: Class division and class struggle
- Max Weber: Bureaucracy, power, authority



### **Unit 3- Socialization and social institutions**

- Concept of socialization
- Nature, stages, types of socialization
- Family, marriage and kinship

### **Unit 4- Social Stratification**

- Meaning of social stratification
- Means and perpetuation of stratification: class, caste, gender
- Social change and mobility

#### **SUGGESTED READINGS:**

1. Abraham, M. Francis: Modern Sociological Theory: An introduction.OUP, New Delhi,1982
2. Ahuja, Ram, Social Problems in India, Rawat Publications, New Delhi.1996
3. Beals, R. H. Hoijer:Introduction to Anthropology, Macmillan, New York,1971
4. Chitamber, J. B.: Introduction to Rural Sociology, New Age Pub. New Delhi,1997
5. Cohn, A. K.: Deviance and Social Control, Prentice Hall, New Delhi.1991
6. Desai, A. R. (ed): Rural Sociology, Asia pub. Bombay.1968
7. Dube, S. C.: Understanding Society, NCERT, New Delhi.1977
8. Giddens, Anthony: Sociology, Polity Press, London.1993
9. Leonard,P.: Sociology and Social Work, London,1971
10. Marriot, M (ed.): Village India, University of Chicago Press, Chicago,1955
11. Mills, Theodor: Sociology of Groups, Prentice Hall, New Delhi,1991
12. Srinivas, M. N.: Village India, Asia Publishing House, Bombay,1995
13. Madan, G.R., Indian Social Problems, Rawat Publications, New Delhi,1992.

**SEMESTER-II**

**COURSE CODE**

**A/SW/202/MN-2**

**Understanding Society for Social Work Practice**

**Full Marks:50 Credits:4**

**OBJECTIVES:**

- Understand and develop insight about sociological concepts for social work education and practice
- Inculcate skills among students to understand and analyze social structure and social system
- Develop faculties for critical thinking and meaningful engagement

**COURSE OUTCOME:**

This course introduces the students to basic sociological concepts and ideas of major sociologists. It will help students develop required analytical faculty to critically engage with various social changes and continuities.

**COURSE CONTENTS:**

**Unit 1- Understanding society**

- Society: its origin and structure
- Approaches to understand society
- Units of society: group, community, institutions

**Unit 2- Ideas of Major Sociologists**

- Emile Durkheim: Social facts, anomie, division of labour
- Karl Marx: Class division and class struggle
- Max Weber: Bureaucracy, power, authority

### **Unit 3- Socialization and social institutions**

- Concept of socialization
- Nature, stages, types of socialization
- Family, marriage and kinship

### **Unit 4- Social Stratification**

- Meaning of social stratification
- Means and perpetuation of stratification: class, caste, gender
- Social change and mobility

#### **SUGGESTED READINGS:**

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16. Beals, R. H. Hoijer:Introduction to Anthropology, Macmillan, New York,1971
17. Chitamber, J. B.: Introduction to Rural Sociology, New Age Pub. New Delhi,1997
18. Cohn, A. K.: Deviance and Social Control, Prentice Hall, New Delhi.1991
19. Desai, A. R. (ed): Rural Sociology, Asia pub. Bombay.1968
20. Dube, S. C.: Understanding Society, NCERT, New Delhi.1977
21. Giddens, Anthony: Sociology, Polity Press, London.1993
22. Leonard,P.: Sociology and Social Work, London,1971
23. Marriot, M (ed.): Village India, University of Chicago Press, Chicago,1955
24. Mills, Theodor: Sociology of Groups, Prentice Hall, New Delhi,1991
25. Srinivas, M. N.: Village India, Asia Publishing House, Bombay,1995
26. Madan, G.R., Indian Social Problems, Rawat Publications, New Delhi,1992

## **SEMESTER-II**

### **COURSE CODE**

**A/SW/203/ MD-2**

### **Introduction to Social Work**

**Full Marks:50 Credits:3**

#### **OBJECTIVES:**

- Understand the basic concepts of social work
- Give an overview of history of social work
- Provide orientation about professional social work

#### **COURSE OUTCOMES:**

This course provides an overview of professional social work. It examines the historical development of the profession of social work; introduces the profession's values, ethics, and practice principles; examines major methods of social work practice; identifies the generalist base of social work practice.

#### **COURSE CONTENTS:**

##### **Unit 1- History and Basic Concepts of Social Work**

- Concept and definitions of social work
- Emergence of professional social work in Europe & U.S.A.
- Emergence of professional social work in India

##### **Unit 2- Social Work and Inter-related Concepts**

- Social welfare and social development
- Social service and social reform
- Scope and concerns of social work practice

##### **Unit 3- Fundamentals of Social Work**

- Values and principles of social work
- Basic skills of social work practice
- Functions of social work.

## **Unit 4- Social Work as Profession**

- Attributes of a profession
- Social work as a profession
- Status of social work profession in India

### **SUGGESTED READINGS:**

1. Adams, Robert et al. (2002): *Social Work: Themes, Issues and Critical Debates*. Second Ed. Sage London.
2. Chatterjee, Pranab (1996): *Approaches to the Welfare State*. National Association of Social Workers (NASW). WashingtonDC.
3. Desai, Murli (2005): *Ideologies and Social Work: Historical and Contemporary Analysis*. Rawat Publication.
4. Dubois, Brenda and Kalra, Krogurnd, Micky (2011): *Social Work: An Empowering Profession* 7<sup>th</sup> Edition. Pearson.
5. Farley, W, Larry, L.S. and Scott, B.W. (2003): *Introduction to Social Work*. Allyn and Bacon.
6. Higham, Patricia (2004): *Social Work: Introducing Professional Practice*. Sage.
7. Kumar, Hajira (1994): *Social Work: An Experience and Experiment in India*. Gitanjali Publishing House
8. Morales, A.T., Sheafor, B.W. and Scott, M.E. (2010): *Social Work: A Profession of Many Faces*. London. Allyn and Bacon.

**SEMESTER-II**

**COURSE CODE**

**A/SW/204/SEC-2**

**Open Community Field Work**

**Full Marks: 50 Credits:3**

General Guidelines

1. Introduction to primary methods of social work
  - i. Case work: processes, principles, tools and techniques
  - ii. Group work: Process, functions, principles
  - iii. Community organization: Understanding the community, demographic profile, socio-economic profile.
  
2. Acquaint with local institutions and address the issues of local community with special focus on:
  - i. Education
  - ii. Health
  - iii. Drinking water and sanitation
  - iv. Transportation and communication
  - v. Economic condition and livelihoods opportunities
  - vi. Local governance
  
3. Activities for skill enhancement:
  - i. Carry out activities on the felt needs of the community.
  - ii. Develop and make use of soft skills
  - iii. Develop and make use of computer skills