

# **SYLLABUS**

#### **FOR**

#### FOUR YEARS UNDERGRADUATE PROGRAMME

#### IN

## **PHYSIOLOGY**

Curriculum and Credit Framework for Undergraduate Programmes (CCFUP) Based on NEP 2020

With effect from the Academic Session 2023-2024



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#### 1. Introduction

Curriculum Framework of Undergraduate programme in Physiology has been modified based on National Education Policy-2020. NEP-2020 has conceptualized the ideas for overall development of individuals and for making the Nation a self-reliant and global leader. In the same spirit, we at Department of Physiology under Bankura University have developed a curriculum framework encompass the goals of NEP 2020. To this end, we have focused on choice of subject/disciplines of study, creating academic pathways having constructive combinations of disciplines for study with multiple entry and exit points as well as giving emphasis on experiential learning for students by introducing multidisciplinary and skill enhancement courses and actual hands-on training in the recent and trending aspects of the area concern.

In accordance with the NEP 2020, the UGC has formulated a new student-centric "Curriculum and Credit Framework for Undergraduate Programmes (CCFUP)" which will facilitate students to pursue their career path by choosing the subject/field of their interest. NEP, 2020 states that imaginative and flexible curricular structures will enable creative combinations of disciplines for study and would offer multiple entry and exit points and thus, remove the currently prevalent rigid boundaries.

To take this forward, NEP, 2020 promotes rigorous research-based specialization and opportunities for multidisciplinary work, including academia, government and interdisciplinary thinking at the under graduate level. It also points out that, "Higher education qualifications leading to a degree/diploma/certificate shall be described by the National Higher Education Qualification Framework (NHEQF) in terms of such learning outcomes." The undergraduate degree should be of either a three- or four-year duration, with multiple entry and exit options within this period, with appropriate certifications. For example, a certificate after completing one year in a discipline or field including vocational and professional areas; a diploma after two years of study; or a Bachelor's degree after a three-year programme. The 4-year multidisciplinary Bachelor's programme, however, shall be the preferred option since it allows the opportunity to experience the full range of holistic and multidisciplinary education in addition to a focus on the chosen major and minors as per the choices of the student".

4-year UG Degree (Honours with Research): Students who secure 75% marks and above in the first six semesters and wish to undertake research at the undergraduate level can choose a research stream in the fourth year. They should do a research project or dissertation under the guidance of a faculty member of the College. The research project/dissertation will be in the major discipline. The students who secure 164 credits, including 12 credits from a research project/dissertation, are awarded UG Degree (Honours with Research).

### **Objectives**

The guidelines of the proposed multiple entry and exit option will serve the following objectives:

- Remove rigid boundaries and facilitate new possibilities for learners.
- > Curtail the dropout rate and improve GER.
- ➤ Offer creative combinations of disciplines of study that would enable multiple entry and exit points.
- ➤ Offer flexibility in curriculum and novel course options to students in addition to discipline specific specializations.
- > Offer different designs of the Master's programme.
- ➤ Enable credit accumulation and transfer along with provision of evaluation and validation of non-formal and informal learning for the award of a degree and encourage lifelong learning.
- Facilitate encashing credits earned when the learner resumes his/her programmes of study.



## 1.1. Program Outcome (PO)

- **P.O.1:** Students will be enriched about the knowledge covering the functional activities of different physiological systems operating in co-ordinated fashion from molecular and cellular levels to the system levels.
- **P.O.2:** Participants of this course will be empowered by perceiving information about the impact of environmental biotic and abiotic factors for the maintenance of homeostasis of human body.
- **P.O.3:** Learners will be skilled and expertise themselves for doing biophysical and biochemical analysis of human body samples for assessment of health status and dissemination of public health awareness package to the community.
- **P.O.4:** Learners will be skilled and expertise themselves for doing different haematological techniques for analysis of human blood samples.
- **P.O.5:** Student will be oriented for cognitive power upgradation and problem-solving activity in different biological deviated conditions in connection with acclimatization to real life situation.
- **P.O.6:** Undergraduate students will themselves achieved integrated and interdependent knowledge among human body activities in collaborative manners with plant and animal kingdom in a holistic fashion.
- **P.O.7:** Students will get idea about the different disease causing agents and their prevention; personal hygiene. They will also enrich about the knowledge of ideal nutrients and balanced diet.
- **P.O.8:** Learners will skill themselves about the knowledge of different instruments like ECG, Chromatography, ELISA, RIA etc.
- **P.O.9:** Statistical analysis and computer knowledge will help them better for future study and research work.
- **P.O.10:** Biotechnological knowledge will help them advanced treatment for different genetic diseases, modern vaccination techniques etc.



## 1.2. Program Specific Outcome (PSO)

#### **Course Objectives**

Physiology provides a broad scientific education, which allows our graduates to pursue a career in research work or in related subjects and in areas such as Universities, Research Institute, and the Pharmaceutical Industry, scientific publishing or public health. As a graduate, the students will have a number of direct avenues –

**P.S.O1:** Will orient the students and attract them for pursuing higher studies in this line and for carrier building in the field of health sector, formal education sector, pharma industries, biotechnological corporates etc.

**P.S.O2:** Will facilitate the student for fundamental knowledge perception which will drive them to conduct further study in research in the field of allied health sciences, medical sciences, veterinary sciences and others.

**P.S.O3:** Will support the students for self-dependent learning and understanding to conduct experiments, knowledge bank enrichment and spreading the health awareness information through information-communication-technology.

**P.S.O4:** This course will provide a sound basis in human physiology to support further study in health and medical sciences or related fields. Development of practical knowledge and skills that is required for pursuing a career in clinical diagnosis, drug design, vaccine development, pharmaceutical industry.

**P.S.O5:** On working in different designing industry as an Ergonomist, in Defence Research Institute as Scientist and also at the Sports Training Institute as Sports Scientist/Physiologist.



# 2. Scheme for Curriculum and Credit Framework for Undergraduate Programmes (CCFUP)

#### 2.1 Course Structure with Credit Distribution

Progran	ıme an	d Cour	se Structi	are with C	redit Distribi	ution: UG De	gree Prog	grammes w	ith Single M	ajor
Category of Course (Credit)	Course Major (4)		Minor Stream	Multidisci plinary	Ability Enhancement Course (AEC)	Skill Enhancement Course (SEC)	Value Added Courses Common	Summer Internship	Research Project / Dissertation	Total Credit / Number
Semester			(4)	(3)	(2)	(3)	for all (4)	(2)	(12)	of Courses
I	1× 4 =4		1× 4=4	1×3=3	1× 2=2	1×3=3	1× 2=2			20/6
II	1× 4 =4		1× 4=4	1×3=3	1× 2=2	1×3=3	1× 2=2			20/6
Certificate (Total Credit)	:	8	8	6	4	6	4	1×4=4* (ADDITIO NAL)		40/12
III	2×4 =8		1× 4=4	1×3=3	1 × 2=2	1×3=3	1× 2=2			20/6
IV	4×4 = 16		1×4=4		1 × 2=2		1× 2=2			22/6
Diploma (Total Credit)	3	32	16	9	8	9	8	1×4=4* (ADDITIO NAL)		82/24
v	2×4 = 8	2×4 = 8	1×4=4					1×2 =2 Mandatory		22/6
VI	2×4 = 8	2×4 = 8	1×4=4							20/5
UG Degree (Total Credit)	(	54	24	9	8	9	8	2		124/35
VII	1×4 =4	3×4 =12	1×4=4							20/5
VIII	1× 4 =4	3×4 =12**	1×4=4							20/5
UG HONS. (Total Credit)	9	96	32	9	8	9	8	2		
UG HONS. With Research (Total Credit)	;	84	32	9	8	9	8	2	12**	164/45

Certificate course in Physiology 1 year duration (I-II Semester); Diploma course in Physiology 2 years duration (I-IV Semester); UG Degree in Physiology 3 years of duration (I-VI); UG Degree in Physiology Honours 4 years of duration (I-VIII; without Research) and UG Degree in Physiology Honours 4 years of duration (I-VIII; with Research).



## 2.1a Credit Distribution Across Courses

Course Type	Total Papers	Credits
Major Core (MJC)	14	14*4 =56
Major Electives (MJE)	10	10*4=40
Minor (MN)	8	8*4=32
Multidisciplinary (MD)	3	3*3=9
Skill Enhancement  Courses (SEC)	3	3*3=9
Ability Enhancement  Language Courses  (AEC)	4	1*2=2 (ENG) 3*2=6 (MIL)
Value Added Course (VAC)	2	2*4=8
Internship (INT)	1	1*2=2
Research Project/Dissertation	1	1*12=12**
Totals	46	164

<sup>\*</sup>Additional Summer Internship of 4 credit is mandatory for certificate and diploma courses.



# 2.2 Curriculum and Credit Framework for Course in Physiology

### **SEMESTER-I**

Course Code	Course Title	Credit		Marks			lo. of rs/We	ek
			I.A.	ESE	Total	Lec.	Tu.	Pr.
S/PHY/ 101/MJC-1	MJCT-1: Cellular Basis of Physiology	3	10	25	50	3	NA	2
	MJCP-1: Cellular Basis of Physiology Lab	1		15				
S/PHY/	MNT-1: Cellular Physiology	3	10	25	50	3	NA	2
102/MN-1	MNP-1: Cellular Physiology Lab	1		15				
	MDT-1: Social Physiology							
S/PHY/ 103/MD-1	The Tr. Social Physiology	3	10	40	50	3	NA	NA
S/PHY/ 104/SEC-1	SECP-1: Cytology and Hematological Techniques Lab	3	10	40	50	NA	NA	6
ACS/105/ AEC-1	Compulsory English: Literature and Communication	2	10	40	50	2	NA	NA
ACS/106/ VAC-1	<b>Environmental Studies</b>	4	10	40	50	4	NA	NA
Γ	Total in Semester - I	20	60	240	300	15		10

N.B. MJC – Major Core, MN – Minor; MD – Multidisciplinary; SEC- Skill Enhancement Course; AEC- Ability Enhancement Course; VAC- Value Added Course.

Theory: - 1 Credit= 1 hour/Week, Practical: - 1 Credit= 2 hours/Week, Tutorial: - 1 Credit= 1 hour/Week



### **SEMESTER-II**

Course Code	Course Title	Credit		Marks	<b>;</b>		No. of	ak.
Code			I.A.	ESE	Total	Lec.	Tu.	Pr.
S/PHY/	MJCT-2: Circulating Body Fluids	3	10	25	50	3	NA	2
201/MJC-2	MJCP-2: Circulating Body Fluids							
	Lab	1		15				
S/PHY/202/	MNT-2: Blood and Body Fluids	3	10	25	50	3	NA	2
MN-2	MNP-2: Blood and Body Fluids							
	Lab	1		15				
S/PHY/203/	MDT-2: Environmental Physiology and Human Health							
MD-2		3	10	40	50	3	NA	NA
	SECT-1: Clinical Biochemistry							
S/PHY/204/ SEC-2	SECT-1. Chinical Diochemistry	3	10	40	50	3	NA	NA
ACS/205/	MIL-1 (Santali/Sanskrit/Bengali)	2	10	40	50	2	NA	NA
AEC-2		2	10	40	30	2	1171	1471
ACS/206	Any one of the following	4	10	40	50	4	NA	NA
/VAC-2	a. Health and Wellness							
	b. Understanding India: Indian Philosophical Traditions and							
	Value Systems							
	c. Basics of Indian Constitution d. Arts and Crafts of Bengal							
	e. Historical Tourism in West Bengal							
	Deligai							
ACS/207/	Internship	4*		50	50	NA	NA	NA
INT-1								
	Total in Semester - II	20+4*	60	240	300	18		04
First Year (	(Certificate Course) Total Credit	40+4*	120	480	600			

N.B. MJC -Major Core, MN - Minor; MD - Multidisciplinary; SEC- Skill Enhancement Course; AEC- Ability Enhancement Course; VAC- Value Added Course; INT- Internship; 4\*- Additional

Theory: - 1 Credit= 1 hour/Week, Practical: - 1 Credit= 2 hours/Week, Tutorial: - 1 Credit= 1 hour/Week

\* Certificate course in Physiology will be awarded to a student if he or she completes Internship of 4 credits in addition to total 40 credits in Semester I & II.



## **SEMESTER-III**

Course Code	Course Title	Credit		Marks			lo. of rs/We	
			I.A.	ESE	Total	Lec.	Tu.	Pr.
S/PHY/ 301/MJC-3	MJCT-3: Biophysics and Enzymes	3	10	25	50	3	NA	2
	MJCP-3: Biophysics and Enzymes Lab	1		15				
S/PHY/	MJCT-4: Chemistry of Biomolecules	3	10	25	50	3	NA	2
302/MJC-4	MJCP-4: Chemistry of Biomolecules Lab	1		15				
S/PHY/ 303/MN-3	MNT-3: Biophysics and Biochemistry	3	10	25	50	3	NA	2
	MNP-3: Biophysics and Biochemistry Lab			15				
S/PHY/ 304/MD-3	MDT-3: Preventive and Social Medicine	3	10	40	50	3	NA	NA
S/PHY/305/ SEC-3	SECP-2: Food Adulteration and Nutritional Biochemistry Lab	3	10	40	50	NA	NA	6
ACS/306/ AEC-3	MIL-2	2	10	40	50	2	NA	NA
Total	al in Semester - III	20	60	240	300	14		12

N.B. MJC – Major Core; MN – Minor; MD – Multidisciplinary; AEC- Ability Enhancement Course; SEC- Skill Enhancement Course.

Theory: - 1 Credit= 1 hour/Week, Practical: - 1 Credit= 2 hours/Week, Tutorial: - 1 Credit= 1 hour/Week



## SEMESTER-IV

Course Code	Course Title	Credit		Marks			No. of	ek
3343			I.A.	ESE	Total	Lec.	Tu.	Pr.
S/PHY/401 /MJC-5	MJCT-5: Nerve and Muscle Physiology	3	10	25	50	3	NA	2
	MJCP-5: Nerve and Muscle Physiology Lab	1		15				
S/PHY/402 /MJC-6	MJCT-6: Cardiovascular and Respiratory Physiology	3	10	25	50	3		2
	MJCP-6: Cardiovascular and Respiratory Physiology Lab	1		15				
S/PHY/403 /MJC-7	MJCT-7: Gastrointestinal Physiology	3	10	25	50	3	NA	2
	MJCP-7: Gastrointestinal Physiology Lab	1		15				
S/PHY/404 /MJC-8	MJCT-8: Energy Balance and Metabolism	3	10	25	50	3	NA	2
	MJCP-8: Energy Balance and Metabolism Lab	1		15				
S/PHY/ 405/MN-4	MNT-4: Cardio-respiratory Physiology	3	10	25	50	3	NA	2
	MNP-4: Cardio-respiratory Physiology Lab	1		15				
ACS/406/ AEC-4	English	2	10	40	50	2	NA	NA
ACS/407/ INT-2	Internship	4*		50	50	NA	NA	NA
	Total in Semester - IV		60	240	300	17		10
	ar (Diploma Course) Total Credit	22+4* (40+42) +4*	120	480	600			

N.B. MJC – Major Core; MN – Minor; MD – Multidisciplinary; AEC- Ability Enhancement Course; INT- Internship; 4\*- Additional

Theory: 1 Credit= 1 hour/Week, Practical: - 1 Credit= 2 hours/Week, Tutorial: - 1 Credit= 1 hour/Week. \* Diploma in Physiology will be awarded to a student if he or she completes Internship of 4 credits at least 1 in 2 years in addition to total 82 credits in Semester I, II, III & IV.



## **SEMESTER-V**

Course Code	Course Title	Credit		Marks	3		No. of urs/W	
			I.A.	ESE	Total	Lec.	Tu.	Pr.
S/PHY/ 501/MJC-9	MJCT-9: Physiology of Nervous System	3	10	25	50	3	NA	2
Soliving	MJCP-9: Physiology of Nervous System Lab	1		15				
S/PHY/	MJCT-10: Special Senses	3	10	25	50	3	NA	2
502/MJC-10	MJCP-10: Special Senses Lab	1		15				
S/PHY/ 503/MJE-1	MJET-1: Microbiology and Immunology	3	10	25	50	3	NA	2
	MJEP-1: Microbiology and Immunology Lab	1		15				
S/PHY/ 504/MJE-2	MJET-2: Human Nutrition and Dietetics	3	10	25	50	3	NA	2
	MJEP-2: Human Nutrition and Dietetics Lab	1		15				
S/PHY/ 505/MN-5	MNT-5: Neuro-muscular Physiology	3	10	25	50	3	NA	2
	MNP-5: Neuro-muscular Physiology Lab	1		15				
ACS/PHY/ 506/INT-3	INT-3: Internship**	2	NA	50	50	NA	NA	7 days
								(6 Hr. per day)
	Total in Semester – V	22	60	240	300	15		10

 $\label{eq:nlocal_model} \textbf{N.B.} \ \ \textbf{MJC} - \textbf{Major Core, MJE} - \textbf{Major Elective; MN} - \textbf{Minor; MD} - \textbf{Multidisciplinary; INT-Internship} **(\textbf{Mandatory})$ 

Theory: - 1 Credit= 1 hour/Week, Practical: - 1 Credit= 2 hours/Week, Tutorial: - 1 Credit= 1 hour/Week



## **SEMESTER-VI**

<b>Course Code</b>	Course Title	Credit		Marks			No. of	
			I.A.	ESE	Total	Lec.	urs/Wo	eek Pr.
S/PHY/	MJCT-11: Endocrinology	3	10	25	50	3	NA	2
601/MJC-11	MJCP-11: Endocrinology Lab	1	10	15	30	3	1171	2
S/PHY/ 602/MJC-12	MJCT-12: Reproductive Physiology and Embryology	3	10	25	50	3	NA	2
	MJCP-12: Reproductive Physiology and Embryology Lab	1		15				
S/PHY/ 603/MJE-3	MJET-3: Ergonomics and Sports Physiology	3	10	25	50	3	NA	2
	MJEP-3: Ergonomics and Sports Physiology Lab	1		15				
S/PHY/ 604/MJE-4	MJET-4: Biostatistics and Computer Application	3	10	25	50	3	NA	2
	MJEP-4: Biostatistics and Computer Application Lab	1		15				
S/PHY/ 605/MN-6	MNT-6: Digestion, Absorption and Metabolism	3	10	25	50	3	NA	2
	MNP-6: Digestion, Absorption and Metabolism Lab	1		15				
	Total in Semester – VI	20	50	240	250	15		10
Third Year	(UG Degree Course) Total Credit	82+42	110	480	550			

N.B. MJC – Major Core, MJE – Major Elective; MN – Minor; Theory: 1 Credit= 1 hour/Week, Practical: - 1 Credit= 2 hours/Week, Tutorial: - 1 Credit= 1 hour/Week\* Degree in Physiology will be awarded to a student if he or she completes Internship of 2 credits in addition to total 124 credits in Semester I, II, III, IV, V & VI.



# **SEMESTER-VII**

<b>Course Code</b>	Course Title	Credit		Marks	3		No. of urs/We	ek
			I.A.	ESE	Total	Lec.	Tu.	Pr.
S/PHY/ 701/MJC-13	MJCT-13: Excretory System and Body Temperature Regulation	3	10	25	50	3	NA	2
	MJCP-13: Excretory System and Body Temperature Regulation Lab	1		15				
S/PHY/ 702/MJE-5	MJET-5: Instrumentation MJEP-5: Instrumentation Lab	3	10	25	50	3	NA	2
		1		15				
S/PHY/ 703/MJE-6	MJET-6: Genetics, Molecular Biology and Biotechnology	4	10	40	50	4	NA	NA
S/PHY/ 704/MJE-7	MJET-7: Research Methodology and Research Ethics	4	10	40	50	4	NA	NA
S/PHY/ 705/MN-7	MNT-7: Microbiology and Immunology	3	10	25	50	3	NA	2
	MNP-7: Microbiology and Immunology Lab	1		15				
ŗ	Total in Semester – VII		50	240	300	18		04

N.B. MJC - Major Core, MJE - Major Elective; MN - Minor. Theory: - 1 Credit= 1 hour/Week, Practical: - 1 Credit= 2 hours/Week, Tutorial: - 1 Credit= 1 hour/Week



#### **SEMESTER-VIII**

Course Code	Course Title	Credit		Marks			No. of ours/We	ek
			I.A.	ESE	Total	Lec.	Tu.	Pr.
S/PHY/	MJCT-14: Social Physiology	3	10	25	50	4	NA	2
801/MJC-14	MJCP-14: Social Physiology Lab	1		15				
S/PHY/ 802/MJE-8	MJET-8: Nanobiotechnology	4	10	40	50	4	NA	NA
S/PHY/ 803/MJE-9	MJET-9: Physiological Basis of Pharmacology and Toxicology	4	10	40	50	4	NA	NA
S/PHY/	MJET-10: Environmental	3	10	25	50	4	NA	2
804/MJE-10	Physiology	1		15				
	MEP10: Environmental Physiology Lab							
S/PHY/ 805/MN-8	MNT-8: Endocrine and Reproductive Physiology	3	10	25	50	4	NA	4
	MNP-8: Endocrine and Reproductive Physiology Lab	1		15				
S/PHY/ 806/RPD-1	RESEARCH PROJECT Student secured more than	12	NA	150	150	NA	NA	NA
	75%marks in last six semesters who							
	opt for Honours with Research has							
	one research project of 12 credits to							
	complete under any of the faculty in lieu of 3 MJE papers							
	Total in Semester – VIII	20	50	240	250	16*		16
Fourth Y	Year UG Hons. With Research	124+40 = 164	110	480	550			

N.B. MJC – Major Core; MJE – Major Elective; MN – Minor; RPD- Research Project. Theory: - 1 Credit= 1 hour/Week, Practical: - 1 Credit= 2 hours/Week, Tutorial: - 1 Credit= 1 hour/Week

Honours in Physiology will be awarded to a student if he or she completes Internship (in Semester V) of 2 credits in addition to total 162 credits in all Semesters

Honours with Research in Physiology will be awarded to a student if he or she completes \Internship (in Semester V) of 2 credits in addition to total 162 credits in all Semesters provided He or She successfully completed Research Project in lieu of 3 DSE papers.



# 2.3 Choices for Major Core (MJC) Courses

SEMES		OURSE	CHOICE CHOICE
I			MJCT-1: Cellular Basis of Physiology
1	_		, oi
	N	MJC-1	MJCP-1: Cellular Basis of Physiology Lab
II			MJCT-2: Circulating Body Fluids
	N	MJC-2	MJCP-2: Circulating Body Fluids Lab
			MJCT-3: Biophysics and Enzymes
III	N	MJC-3	MJCP-3: Biophysics and Enzymes Lab
			MJCT-4: Chemistry of Biomolecules
	N	MJC-4	MJCP-4: Chemistry of Biomolecules Lab
	N	MJC-5	MJCT-5: Nerve and Muscle Physiology
			MJCP-5: Nerve and Muscle Physiology Lab
	N	MJC-6	MJCT-6: Cardiovascular and Respiratory Physiology
IV			MJCP-6: Cardiovascular and Respiratory Physiology Lab
	N	MJC-7	MJCT-7: Gastrointestinal Physiology
			MJCP-7: Gastrointestinal Physiology Lab
	N	AJC-8	MJCT-8: Energy Balance and Metabolism
			MJCP-8: Energy Balance and Metabolism Lab
V	N	MJC-9	MJCT-9: Physiology of Nervous System
			MJCP-9: Physiology of Nervous System Lab
	N	IJC-10	MJCT-10: Special Senses
			MJCP-10: Special Senses Lab
VI	N	IJC-11	MJCT-11: Endocrinology
			MJCP-11: Endocrinology Lab
	N	IJC-12	MJCT-12: Reproductive Physiology and Embryology
			MJCP-12: Reproductive Physiology and Embryology Lab
VII	I N	IJC-13	MJCT-13: Excretory System and Body Temperature Regulation
			MJCP-13: Excretory System and Body Temperature Regulation Lab
VII	I N	IJC-14	MJCT-14: Social Physiology
			MJCP-14: Social Physiology Lab
-			



# **2.4 Choices for Major Electives (MJE) Courses**

SEMESTER	COURSE	CHOICE				
	MJE-1	MJET-1: Microbiology and Immunology  MJEP-1 Microbiology and Immunology Lab				
V	MJE-2	MJET-2: Human Nutrition and Dietetics MJEP-2: Human Nutrition and Dietetics Lab				
		MJET-3: Ergonomics and Sports Physiology				
VI	MJE-3	MJEP-3: Ergonomics and Sports Physiology Lab				
		MJET-4: Biostatistics and Computer Application				
	MJE-4	MJEP-4: Biostatistics and Computer Application Lab				
	MJE-5	MJET-5: Instrumentation				
VII		MJEP-5 Instrumentation Lab				
	MJE-6	MJET-6: Genetics, Molecular Biology and Biotechnology				
	MJE-7	MJET-7: Research Methodology and Research Ethics				
	MJE-8	MJET-8: Nanobiotechnology				
	MJE-9	MJET-9: Physiological Basis Pharmacology and Toxicology				
	MJE-10	MJET-10: Environmental Physiology				
VIII		MJEP-10: Environmental Physiology Lab				
V 111		OR				
	RPD-1	RESEARCH PROJECT				
		Student secured more than 75%marks in last six semesters who opt for Honours with Research has one research project of 12 credits to complete under any of the faculty in lieu of 3 MJE papers				



# 2.5 Choices for Minor (MN) Courses

SEMESTER	COURSE	CHOICE		
I	MN-1	MNT-1: Cellular Physiology MNP-1: Cellular Physiology Lab		
II	MN-2	MNT-2: Blood and Body Fluids MNP-2: Blood and Body Fluids Lab		
III	MN-3	MNT-3: Biophysics and Biochemistry MNP-3: Biophysics and Biochemistry Lab		
IV	MN-4	MNT-4: Cardio-respiratory Physiology MNP-4: Cardio-respiratory Physiology Lab		
V	MN-5	MNT-5: Neuro-muscular Physiology  MNR 5: Neuro-muscular Physiology Lob		
VI	MN-6	MNP-5: Neuro-muscular Physiology Lab  MNT-6: Digestion, Absorption and Metabolism		
		MNP-6: Digestion, Absorption and Metabolism Lab		
VII	MN-7	MNT-7: Microbiology and Immunology		
		MNP-7: Microbiology and Immunology Lab		
VIII	MN-8	MNT-8: Endocrine and Reproductive Physiology MNP-8: Endocrine and Reproductive Physiology Lab		



# **2.6 Choices for Skill Enhancement Courses (SEC)**

SEMESTER	COURSE	CHOICE			
I	SEC-1	SECP-1: Cytology and Hematological Techniques Lab			
II	SEC-2	SECT-1: Clinical Biochemistry			
III	SEC-3	SECP-2: Food Adulteration and Nutritional Biochemistry Lab			

# 2.7 Choices for Multidisciplinary (MD) Courses

SEMESTER	COURSE	CHOICE			
I	MD-1	MDT-1: Social Physiology			
II	MD-2	MDT-2: Environmental Physiology and Human Health			
III	MD-3	MDT-3: Preventive and Social Medicine			



# 2.8 Question Pattern Across Courses

	Question Pattern						
	Course	Credits			Number of		Number of
	type	(Theory + Practical)	Type of	Marks/	questions to	Total	options
Examination			questions	question	be		(Out of)
					attempted		
			al Marks			25	
		(Th	eoretical)				
	MJC, MJE,		Objective	1	5	5	8
	MI, MD		Short	5	2	10	4
		3	Broad	10	1	10	2
	Total Mark	s (Theoretical	)			40	
	SEC		Very short	2	5	10	8
		3	Short	5	4	20	6
			Broad	10	1	10	2
	Total Marks (Practical)				15		
	MJC, MJE,	1	Practical	10	Answer	10	N
	MI and MD		Work		all the question		A
			Laboratory	3		3	N
			Note Book				A
			Viva voce	2		2	N
							A
	Total Marks (Practical)				40		
	SEC	3	Practical Work	10	3	30	3
			Laboratory	5	NA	5	N
			Note Book				A
			Viva voce	5	NA	5	N
							A

## **Duration of Examinations**

Subject and Type of Papers	Full Marks	Duration
Honours (Theoretical)	25	1 Hour 15 Minutes
Honours (Theoretical)	40	2 Hours
Honours (Practical)	15	2 Hours
Honours (Practical)	40	4 Hours



3.0 Major Core (MJC) Courses



#### **SEMESTER-I**

## 3.1 MJCT-1: Cellular Basis of Physiology

Course Code: S/PHY/101/MJC-1 **Course ID: 12511** 

[Theory: Credits 3 (3 Lectures/Week)/ Marks 25]

3 Credits

### Course Learning Outcomes:

- > This course gives a wide knowledge about structure and functions of cell organelle.
- From this course students will gather the knowledge about the cell, tissue, organ and systems.
- > The course would fortify to the students to acquire the knowledge about transport across cell membranes and intracellular communications.
- They acquire a concept about cell cycle, cell division, homeostasis and aging process.

#### Unit 1

- 1. Introduction
- 2. Structure and function of cell organelle Plasma membrane, nucleus, mitochondria, ribosome, lysosome, Golgi body, endoplasmic reticulum, peroxisomes, cytoskeletal elements and centrosomes.
- 3. Transport across cell membranes Active, passive, carrier mediated, antiport and symport.
- 4. Intercellular communication Gap junction, tight junction, intercalated disc, desmosomes and cell adhesion molecules. Extracellular matrix components.
- 5. Tissue, organ and systems General classification, special emphasis on epithelial tissue and connective tissue. Brief idea on organs and systems.

#### Unit 2

- 1. Cell cycle Definition, different phases of cell cycles, regulation and check points of cell cycle.
- 2. Cell division
  - a. Mitosis Phases and significance.
  - b. Meiosis Phases and significance.
  - c. Special emphasis on homologous, heterologous, chiasma formation, crossing over, recombination and disjunction of chromosome.
- 3. Apoptosis and necrosis Basic concept and pathways involved.
- 4. Aging Definition, theories of aging, factors affecting and management.



#### 3.2 MJCP-1: Cellular Basis of Physiology Lab

Course Code: S/PHY/101/MJC-1 Course ID: 12521

[Practical: Credits 1 (2 Practical Classes/Week) /Marks 15] 1 Credits

#### Course Learning Outcomes:

- From this course students will gather their knowledge about various parts of microscope.
- ➤ This practical course will provide wide range of knowledge about histological structure of different organs and glands.
- ➤ They will gather knowledge about structural morphology of different types of fresh tissue.
- 1. Principle, working procedure and function of different components of microscope.
- 2. Introduction on permanent slides Applied value.
- 3. Study and identification of stained sections of different mammalian tissues and organs: Bone, trachea, lungs, spleen, lymph gland, tongue, esophagus, stomach, small intestine, large intestine, liver, kidney, salivary glands, pancreas, adrenal gland, thyroid gland, testes, ovary, uterus, spinal cord, cerebral cortex, cerebellum, skin, cardiac muscle, skeletal muscle, smooth muscle, artery and vein.
- 4. Examination and staining of fresh squamous epithelium by methylene blue stain.
- 5. Staining of adipose tissue using Sudan III or IV.

#### **Suggested Readings:**

- 1. Rastogy S. C. (2005). Cell and molecular biology. New Age International Publishers.
- 2. Mescher A.L. (2013). Junqueira's Basic Histology Text and Atlas. Thirteen Edition. The Tata McGraw Hill Companies.
- 3. Ross M.H and Reith, E.J. (2011). Histology A Text and Atlas. Sixth Edition. The Williams and Wilkins Company.
- 4. Bailey's Text Book of Histology, revised by W.M. Copenhaver; The Williams and Wilkins Company.
- 5. Eroschenko V.P. (2012). Difiore's Atlas of Histology: With Functional Correlations. Twelfth Edition. Lippincott Williams Wilkins Company.
- 6. Hardin J. Becker, G., Skliensmith, L.J. (2012). Becker's World of the Cell, Pearson Education, Inc. USA. 8th edition.
- 7. Cooper G.M. and Hausman, R.E. (2009). The Cell: A Molecular Approach. 5th edition. ASM Press & Sunderland, Washington, D.C.; Sinauer Associates, MA.
- 8. Mahapatra A.B.S.M. (2014). Essentials of Medical Physiology. Forth Edition. Current Books International.
- 9. Sembulingam K. and Sembulingam, P. (2016). Essentials of Medical Physiology 7<sup>th</sup> Edition. Jaypee.
- 10. Khurana I. (2015). Medical Physiology. 2<sup>nd</sup> Edition. Elsevier India.
- 11. Chatterjee C.C. (2016). Human Physiology Volume 1. Eleventh Coloured Edition. CBS. Publishers and Distributers Pvt. Ltd.

- 12. Chaudhuri S.K. (2008). Concise Medical Physiology. Sixth Edition. NCBA.
- 13. Debnath J. (1998). Sharir Bigyan. Vol. I. Shreedhar Prokashani, Kolkata.
- 14. Note Books on Practical Biochemistry. Published by The Physiological Society of India. Kolkata.
- 15. Note Books on Practical Histology. Published by The Physiological Society of India. Kolkata.
- 16. Debnath J. Byabaharik Sharir Bignan. Shreedhar Prokashani, Kolkata.
- 17. Pal G.K. Pal P. (2013). Textbook of Practical Physiology. Third Edition. Universities Press.
- 18. Halder H, Joardar N, Maiti R, Ghosh D and Jana K. The interplay between endoplasmic reticulum stress mediated ROS generation and Apoptosis in human diseases. Nova Publication. USA.



#### SEMESTER-II

## 3.3 MJCT-2: Circulating Body Fluids

Course Code: S/PHY/201/MJC-2 Course ID: 22511

[Theory: Credits 3 (3 Lectures/Week)/ Marks 25] 3 Credits

#### Course Learning Outcomes:

- From this course students will gain the knowledge about blood and its components.
- This course will enrich the learner about the morphology, classification and important function of formed elements.
- > Student will acquire the knowledge on hemostatic mechanism and the clinical aspects of blood coagulation.
- > The students will gain their knowledge on blood group, blood transfusion and its related health hazards.
- 1. Introduction on circulating body fluids, body fluids compartments and significances.
- 2. Blood Components, properties and general functions.
- 3. Plasma proteins Origin, synthesis, classification and function.
- 4. Blood volume: Measurement and factors affecting blood volume.
- 5. Bone marrow Types and functions.
- 6. Red blood cells Morphology, Erythropoiesis and applied aspects.
- 7. Hemoglobin-Structure, types, synthesis and fate.
- 8. Brief idea on anaemia, polycythemia and hemoglobinopathies.
- 9. Brief idea on blood cell indices (MCV, MCH. MCHC and Colour index).
- 10. White blood cells Morphology, classification, functions, leucopoiesis, applied aspects, Human leucocyte antigen (HLA) and Arneth index.
- 11. Platelets Structure and thrombopoiesis.
- 12. Hemostasis Definition, factors, modern concept and abnormalities in hemostasis and anticoagulants.
- 13. Blood group and Rh typing. Cross matching (Major and minor cross matching), blood transfusion and transfusion related hazards.
- 14. Lymph Composition, formation, circulation and function.
- 15. Methods of separation of different components of blood in blood bank and their clinical importance.



## 3.4 MJCP-2: Circulating Body Fluids Lab

Course Code: S/PHY/201/MJC-2 Course ID: 22521

[Practical: Credit 1/ (2 Practical Classes/Week) /Marks 15] 1 Credit

#### Course Learning Outcomes:

- ➤ The course content will develop skill of our students on hematological techniques.
- Student will gain the knowledge on total count of RBC and WBC.
- They will increase their skill on blood film preparation and staining procedure.
- Student will develop their knowledge on blood group detection and Rh typing.
- 1. Preparation and staining of blood film with Leishman's stain and identification of blood cells.
- 2. Differential count of WBC.
- 3. Total count of RBC and WBC.
- 4. Bleeding time and clotting time.
- 5. Estimation of Hemoglobin by Sahli's method.
- 6. Preparation of haemin crystal.
- 7. Blood group determination and Rh typing.
- 8. ESR measurement by Wintrobe's or Westergren method.
- 9. Determination of haematocrit value, MCV, MCH and MCHC.

#### **Suggestive Readings:**

- 1. Chatterjee C.C. (2016). Human Physiology Volume 1. Eleventh Coloured Edition. CBS. Publishers and Distributers Pvt. Ltd.
- 2. Hall J.E. (2016). Guyton & Hall Textbook of Medical Physiology. Second South Asia Edition
- 3. Mahapatra, A.B.S. (2014). Essentials of Medical Physiology. Fourth Edition. Current Books International.
- 4. Sembulingam K. and Sembulingam P. (2016). Essentials of Medical Physiology 7<sup>th</sup> Edition. Jaypee.
- 5. Khurana I. (2015). Medical Physiology. 2<sup>nd</sup> Edition. Elsevier India.
- 6. Chaudhuri S.K. (2008). Concise Medical Physiology. Sixth Edition. NCBA.
- 7. Barrett K. E. Barman, S.M. Boitano, S. and Brooks, H.L. (2012). Ganong's Review of Medical Physiology. 24<sup>th</sup> Edition. Lange Medical Book. Prentice-Hall International.
- 8. Pal G.K. Pal P. (2013). Textbook of Practical Physiology. Third Edition. Universities.
- 9. Debnath J. Baboharik Sharir Bigyan. Shreedhar Prokashani, Kolkata.
- Mukherjee K.L. (2004). Medical Laboratory Technology. Vol. I, Vol. II and Vol. III. Tata McGraw-Hill.
- 11. Godkar P.B. Godkar. O.D. (2014). Textbook of Medical Laboratory Technology. 14<sup>th</sup> Edition.



**4.0 Major Elective** (MJE) Courses



5.0 Minor (MN) Courses



#### SEMESTER-I

## 5.1 MNT-1: Cellular Physiology

Course Code: S/PHY/102/MN-1 Course ID: 12512

[Theory: Credits 3 (3 Lectures/Week)/ Marks 25] 3 Credits

#### Course Learning Outcomes:

- This course gives a wide knowledge about structure and functions of cell organelle.
- From this course students will gather the knowledge about the cell, tissue, organ and systems.
- > The course would fortify to the students to acquire the knowledge about transport across cell membranes and intracellular communications.
- They acquire a concept about cell cycle, cell division, homeostasis and aging process.

#### Unit 1

- 1. Introduction
- 2. Structure and function of cell organelle Plasma membrane, nucleus, mitochondria, ribosome, lysosome, Golgi body, endoplasmic reticulum, peroxisomes, cytoskeletal elements and centrosomes.
- 3. Transport across cell membranes Active, passive, carrier mediated, antiport and symport.
- 4. Intercellular communication Gap junction, tight junction, intercalated disc, desmosomes and cell adhesion molecules. Extracellular matrix components.
- 5. Tissue, organ and systems General classification, special emphasis on connective tissue and epithelial tissue. Brief idea on organs and systems.

#### Unit 2

- 1. Cell cycle Definition, different phases of cell cycles, regulation and check points of cell cycle.
- 2. Cell division
  - a. Mitosis Phases and significance.
  - b. Meiosis Phases and significance.
  - c. Special emphasis on homologous, heterologous, chiasma formation, crossing over, recombination and disjunction of chromosome.
- 3. Apoptosis and Necrosis Basic concept and pathways involved.
- 4. Aging: Definition, theories of aging, factors affecting and management.

## 5.2 MNP-1: Cellular Physiology Lab

Course Code: S/PHY/102/MN-1 Course ID: 12522

[Practical: Credits 1/ (2 Practical Classes/Week) /Marks 15] 1 Credits

#### Course Learning Outcomes:

- From this course students will gather their knowledge about various parts of microscope.
- ➤ This practical course will provide wide range of knowledge about histological structure of different organs and glands.
- They will gather knowledge about structural morphology of different types of fresh tissue.
- 1. Principle, working procedure and function of different components of microscope.
- 2. Introduction on permanent slides Applied value.
- 3. Study and identification of stained sections of different mammalian tissues and organs:
  Bone, trachea, lungs, spleen, lymph gland, tongue, esophagus, stomach, small intestine,
  large intestine, liver, kidney, salivary glands, pancreas, adrenal gland, thyroid gland, testes,
  ovary, uterus, spinal cord, cerebral cortex, cerebellum, skin, cardiac muscle, skeletal
  muscle, smooth muscle, artery and vein.
- 4. Examination and staining of fresh squamous epithelium by methylene blue stain.
- 5. Staining of adipose tissue using Sudan III or IV.

#### **Suggested Readings:**

- 1. Rastogy S. C. (2005). Cell and molecular biology. New Age International Publishers.
- 2. Mescher A.L. (2013). Junqueira's Basic Histology Text and Atlas. Thirteen Edition. The Tata McGraw Hill Companies.
- 3. Ross M.H, and Reith E.J. (2011). Histology A Text and Atlas. Sixth Edition. The Williams and Wilkins Company.
- 4. Bailey's Text Book of Histology, revised by W.M. Copenhaver; The Williams and Wilkins Company.
- 5. Eroschenko V.P. (2012). Difiore's Atlas of Histology: With Functional Correlations. Twelfth Edition. Lippincott Williams Wilkins Company.
- 6. Hardin, J. Becker, G., Skliensmith, L.J. (2012). Becker's World of the Cell, Pearson Education, Inc. USA. 8th edition.
- 7. Cooper, G.M. and Hausman, R.E. (2009). The Cell: A Molecular Approach. 5th edition. ASM Press & Sunderland, Washington, D.C.; Sinauer Associates, MA.
- 8. Mahapatra, A.B.S.M. (2014). Essentials of Medical Physiology. Forth Edition. Current Books International.
- 9. Sembulingam, K. and Sembulingam, P. (2016). Essentials of Medical Physiology 7<sup>th</sup> Edition. Javpee.
- 10. Khurana, I. (2015). Medical Physiology. 2<sup>nd</sup> Edition. Elsevier India.
- 11. Chatterjee, C.C. (2016). Human Physiology Volume 1. Eleventh Coloured Edition. CBS. Publishers and Distributers Pvt. Ltd.

- 12. Chaudhuri, S.K. (2008). Concise Medical Physiology. Sixth Edition. NCBA.
- 13. Debnath J. (1998). Sharir Bigyan. Vol. I. Shreedhar Prokashani, Kolkata.
- 14. Note Books on Practical Biochemistry. Published by The Physiological Society of India. Kolkata.
- 15. Note Books on Practical Histology. Published by The Physiological Society of India. Kolkata.
- 16. Debnath J. Byabaharik Sharir Bignan. Shreedhar Prokashani, Kolkata.
- 17. Pal G.K. Pal, P. (2013). Textbook of Practical Physiology. Third Edition. Universities.

Press.



#### SEMESTER-II

## 5.3 MNT-2: Blood and Body Fluids

Course Code: S/PHY/202/MN-2 Course ID: 22512

[Theory: Credits 3/ (3 Lectures/Week)/ Marks 25] 3 Credits

#### Course Learning Outcomes:

- From this course students will gain the knowledge about blood and its components.
- > This course will enrich the learner about the morphology, classification and important function of formed elements.
- > Student will acquire the knowledge on hemostatic mechanism and the clinical aspects of blood coagulation.
- The students will gain their knowledge on blood group, blood transfusion and its related health hazards.
- 1. Introduction to blood and body fluids.
- 2. Blood Components, properties and general functions.
- 3. Plasma proteins Origin, synthesis, classification and function.
- 4. Blood volume: Measurement and factors affecting blood volume.
- 5. Bone marrow Types and functions.
- 6. Red blood cells Morphology, Erythropoiesis, fate of RBC and applied aspects.
- 7. Hemoglobin-Structure, types, synthesis and fate.
- 8. Brief idea on anaemia, polycythemia and hemoglobinopathies.
- 9. Brief idea on blood cell indices (MCV, MCH. MCHC and Colour index).
- 10. White blood cells Morphology, classification, functions, leucopoiesis, applied aspects, Human leucocyte antigen (HLA) and Arneth index.
- 11. Platelets Structure and thrombopoiesis
- 12. Hemostasis Definition, factors, modern concept and abnormalities in hemostasis and anticoagulants.
- 13. Blood group and Rh typing. Cross matching (Major and minor cross matching), blood transfusion and transfusion related hazards.
- 14. Lymph Composition, formation, circulation and function.
- 15. Methods of separation of different components of blood in blood bank and their clinical importance.



## 5.4 MNP-2: Blood and Body Fluids Lab

Course Code: S/PHY/202/MN-2 Course ID: 22522

#### [Practical: Credit 1/ (2 Practical Classes/Week) /Marks 15] 1 Credit

#### **Course Learning Outcomes:**

- ➤ The course content will develop skill of our students on hematological techniques.
- Student will gain the knowledge on total count of RBC and WBC.
- They will increase their skill on blood film preparation and staining procedure.
- > Student will develop their knowledge on blood group detection and Rh typing.
- 1. Preparation and staining of blood film with Leishman's stain and identification of blood cells.
- 2. Differential count of WBC.
- 3. Total count of RBC and WBC.
- 4. Bleeding time and clotting time.
- 5. Estimation of hemoglobin by Sahli's method.
- 6. Preparation of haemin crystal.
- 7. Blood group determination and Rh typing.
- 8. ESR measurement by Wintrobe's or Westergren method.
- 9. Determination of haematocrit value, MCV, MCH and MCHC.

#### **Suggestive Readings:**

- 1. Chatterjee C.C. (2016). Human Physiology Volume 1. Eleventh Coloured Edition. CBS. Publishers and Distributers Pvt. Ltd.
- 2. Hall J.E. (2016). Guyton & Hall Textbook of Medical Physiology. Second South Asia Edition
- 3. Mahapatra, A.B.S. (2014). Essentials of Medical Physiology. Fourth Edition. Current Books International.
- 4. Sembulingam K. and Sembulingam P. (2016). Essentials of Medical Physiology 7<sup>th</sup> Edition. Jaypee.
- 5. Khurana I. (2015). Medical Physiology. 2<sup>nd</sup> Edition. Elsevier India.
- 6. Chaudhuri S.K. (2008). Concise Medical Physiology. Sixth Edition. NCBA.
- 7. Barrett K. E. Barman, S.M. Boitano, S. and Brooks, H.L. (2012). Ganong's Review of Medical Physiology. 24<sup>th</sup> Edition. Lange Medical Book. Prentice-Hall International.
- 8. Pal G.K. Pal P. (2013). Textbook of Practical Physiology. Third Edition. Universities.
- 9. Debnath J. Baboharik Sharir Bigyan. Shreedhar Prokashani, Kolkata.
- Mukherjee K.L. (2004). Medical Laboratory Technology. Vol. I, Vol. II and Vol. III. Tata McGraw-Hill.
- 11. Godkar P.B. Godkar. O.D. (2014). Textbook of Medical Laboratory Technology. 14<sup>th</sup> Edition.



6.0 Multidisciplinary (MD) Courses



#### SEMESTER-I

## 6.1 MDT-1: Social Physiology

Course Code: S/PHY/103/MD-1 Course ID: 12513

[Theory: Credits 3 (3 Lectures/Week)/ Marks 40] 3 Credits

#### **Course Learning Outcomes:**

- ➤ This course gives a wide knowledge about structural and functional organization of different body systems.
- > From this course students will gather the knowledge about the role different nutrients and food on health management and disease prevention.
- > The course would fortify to the students to acquire the knowledge about hygiene and health maintenance.
- They acquire a concept about the importance of physical activity, exercise, yoga and meditation on health.
- 1. An introductory idea on different systems of human body.
- 2. Brief idea on structural and functional organization of different systems.
- 3. Basic concept of Social Physiology.
- 4. Role of nutrients and food on health management and disease prevention cardiovascular disease (Hypertension, atherosclerosis and stroke), anaemia, diabetes mellitus, undernutrition, obesity and immunodeficiency disease.
- 5. Basic concept of physical activity, exercise and sports: Role of physical activity and exercise on human health and wellbeing.
- 6. Hygiene and sanitation for health maintenance and disease prevention.
- 7. Concept of health, food hygiene, food style and life style for disease prevention.
- 8. Preliminary idea about the impact of Yoga and Meditation on human health.

#### **Suggested Readings:**

- 1. Park K. (2023) Park's Textbook of Preventive and Social Medicine. 27<sup>th</sup> Edition. M/s. Banarsidas Bhanot "Press Chowk", 1167, Prem Nagar, Jabalpur 482001, M.P., India.
- 2. Lal S. Pankaj A. (2023). Textbook of Community Medicine Preventive Social Medicine.7<sup>th</sup> Edition. CBS Publishers and Distributors Pvt. Ltd.
- 3. Bedi Y. (2022). Hand Book of Preventive and Social Medicine. 7<sup>th</sup> Edition. CBS Publishers and Distributors Pvt. Ltd.
- 4. Gupta, M.C. Mahajan, B.K. (2004). Textbook of Preventive and Social Medicine. 4<sup>th</sup> Edition. Jaypee.
- 5. Gupta P. Khan A.M. (2016). Textbook of Community Medicine: 1<sup>st</sup> Edition. CBS Publishers and Distributors Pvt. Ltd.
- 6. Saha S. Pathos of pandemic: COVID-19; New Delhi Publisher: ISSBN: 978-93-93878-00-7



#### SEMESTER-II

## 6.2 MDT-2: Environmental Physiology and Human Health

Course Code: S/PHY/203/MD-2 Course ID: 22513

[Theory: Credits 3/ (3 Lectures /Week)/ Marks 40] 3 Credits

#### Course Learning Outcomes:

- This course will help our students to enhance their skill to measure dissolved oxygen in water sample.
- ➤ They will be able to measure relative humidity and suspended particulate matter in air.
- Lerner will also get their skill to measure noise and light intensity of different working places.
- From this discipline specific elective course student will also develop their ability to soil pH in different climatic areas.
  - 1. Basic concept of environment and its components.
  - 2. Interrelationship of different components of an environment.
  - 3. Pollutants: Definition and types.
  - 4. Air pollution: Definition, sources, effects of air pollutant (SOX, NOX COX and particulate matter) on human health and control measurement in brief.
- 5. Water pollution: Definition, sources, water pollutants and health hazards, preventive measures, Biological Oxygen Demand (BOD), Chemical Oxygen Demand (COD), thermal pollution, concept of safe drinking water standards.
- 6. Pesticides, fungicides and herbicides and their effects on human health.
- 7. Heavy metals (arsenic, mercury and lead) and halide (fluoride) pollution and effects on human health.
- 8. Sound pollution: Definition, concept of noise, source of sound pollution, effects on human health, preventive measures of sound pollution, noise index and noise standards.
- 9. Soil pollution: Causes, effects of soil pollution on human and control of soil pollution, Solid waste managements, Bioremediation and Phytoremediation.
- 10. Radionuclide pollution: Ionizing radiations, effects of ionizing radiation on human health, permissible doses and controlling measure.

#### **Suggested Readings:**

- 1. Saha T.K. (2013). Ecology and Environmental Biology. Books and Allied Ltd.
- 2. Agarwal K.M. Sikdar P.K. Deb S.C. (2002). A text book of environment. Macmillan India Limited.
- 3. Pal G. (2006). Paribesh O dushan. Dasgupta Publisher.
- 4. Cunningham W.P. (2019) Principles of Environmental Science. Tata Mc GrewHill Publisher.
- 5. Miller G. T. Spoolman S. (2010) An introduction to environmental Science. 13<sup>th</sup> Edition. Brooks/Cole Publisher.



# 7.0 Skill Enhancement Courses (SEC)



#### **SEMESTER-I**

## 7.1 SECP-1: Cytological and Hematological Techniques Lab

Course Code: S/PHY/104/SEC-1 Course ID: 12525

[Practical: Credits 3/ (6 Practical Classes/Week) /Marks 40] 3 Credits

#### Course Learning Outcomes:

- This skill enhancement course learner will gain their knowledge about preparation of blood smear, staining along with identification of blood cells.
- ➤ From this paper students will increase their knowledge and techniques about total count of RBC and WBC.
- ➤ They acquire their skill for measurement of hemoglobin percentage and determination of haematocrit, MCV, MCH, MCHC, bleeding time and clotting time.
- Learner will fortify their skill on estimation of urea and creatinine in serum sample along with estimation of blood sugar level.
- 1. Preparation and staining of blood film with Leishman's stain and identification of blood cells.
- 2. Estimation of hemoglobin by Sahli's method.
- 3. Preparation of haemin crystal.
- 4. Cell viability study by eosin and nigrosine.
- 5. Staining of ciliated epithelial tissue by methylene blue.
- 6. Preparation and staining of skeletal muscle fiber by methylene blue.
- 7. Cell fragility test after exposure in different osmolar solution.
- 8. Identification of different phases of cell division from permanent slide.

#### **Suggested Readings:**

- 1. Note Books on Practical Histology. Published by The Physiological Society of India. Kolkata.
- 2. Debnath J. Byabaharik Sharir Bignan. Shreedhar Prokashani, Kolkata.
- 3. Pal G.K. Pal P. (2013). Textbook of Practical Physiology. Third Edition. Universities.
- 4. Manna M.K. (2005). Practical Physiology. 1<sup>st</sup> Edition. Sritara Prakasani.
- 5. Mukherjee K.L. (2004). Medical Laboratory Technology. Vol. I, Vol. II and Vol. III. Tata McGraw-Hill.
- 6. Hinkle, J.L. Kerry H. Cheever, K.H. (2013). Brunner & Suddarth's Handbook of Laboratory and Diagnostic Tests. 2<sup>nd</sup> Edition. LWW Publisher.
- 7. Godkar P.B. Godkar. O.D. (2014). Textbook of Medical Laboratory Technology. 14<sup>th</sup> Edition.



#### **SEMESTER-II**

## 7.2 SECT-1: Clinical Biochemistry

Course Code: S/PHY/204/SEC-2 Course ID: 22515

[Practical: Credits 3/ (3 Lectures/Week) /Marks 40] 3 Credits

#### Course Learning Outcomes:

- Student will be developing their hands of knowledge on principle and application of colorimeter and spectrophotometer.
- Learner will gain their ideas on pathophysiological significance of blood parameters.
- ➤ From this course learners will acquire their knowledge on pathological significance of some enzymes and proteins.
- 1. Introduction to Clinical Biochemistry.
- 2. Principle, working procedure and application of colorimeter and spectrophotometer.
- 3. Pathophysiological significance of blood parameters Glucose, serum protein, albumin, albumin globulin ratio, urea, creatinine, uric acid and ketone bodies.
- 4. Pathophysiological significance serum bilirubin and biliverdin.
- 5. Alteration of lipid profile and thyroid profile in human health and disease.
- 6. Pathological significance of some enzymes and proteins: Lactate dehydrogenase, glucose-6-phosphate dehydrogenase, creatine kinase, amylase, ACP, ALP, Beta-glucuronidase, ALT, AST, Lipase, Gamma-glutamyl transpeptidase, cardiac troponins and CRP.

#### **Suggested Readings:**

- 1. Basu P. Biochemistry Laboratory Manual. Academic Publishers.
- 2. Jayaraman, J. Laboratory Manual in Biochemistry. 2<sup>nd</sup> Edition. New Age International Publisher.
- 3. Das D. (2008). Biochemistry. Academic Publishers.
- 4. Satyanarayana, U. and Chakrapani. U. (2013). Biochemistry. 4th Edition. Elsevier India.
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